Prof. Kapoor has received several awards like Ruchi Award (1991); UGC Research Award (1999); Life Time Education Achievement Award (2006); Vidya Ratan Award (2008); Man of The Year Award (2009), Dr. Panchanan Mitra Memorial Lectureship Award of the Asiatic Society (2014) and he has also been the President of Section of Anthropological and Behavioural Science, 102nd Indian Science Congress Association.

He has been Chief Guest, Guest of Honor, Chairperson, Co-Chairperson and also Presided at various National and International Seminars, Conferences, Sports Functions and numerous Cultural Activities. Prof. Kapoor has also delivered Invited Lectures, Special Lectures and Keynote Addresses in various Conferences, Workshops and Seminars in India and abroad. He has served and has been serving as a member of the Editorial Board of Indian Journals and Reviewer of Different International Journals. Besides his academic achievements, he has held various administrative positions also.

Prof. Kapoor has made scientific and educational visits to USA, UK, Germany, Austria, Canada, Holland, Belgium, Italy, Switzerland, France, Thailand, Singapore, Philippines and Indonesia.

Prof. Kapoor has published more than 230 research papers and articles in National and International Journals and authored/edited 16 books. He has participated in 98 Conferences, Seminars and Workshops in India and abroad.

He has been the Visiting Fellow to various Universities in India, Europe and North America. He is the Founder and Life Member of Several Prestigious Scientific Bodies and a Member of International Union of Anthropological and Ethnological Sciences (IUAES).